

SOLITUDE DEVELOPMENT TEAM

Because of the continued interest and enthusiasm of parents and team members, Solitude will be offering the development team program again for the 2010/2011 season. Solitude, Leif Grevle (Ski School Director), and the coaching staff were very pleased with the outcome of the program over the past several seasons. We are all looking forward to another great season.

MISSION STATEMENT

To create well rounded athletes and skiers that are aware of safety, sportsmanship, mountain etiquette, teamwork, and to reach their full potential through the experiences, education and fun provided by the Solitude Development Team.

THE COACHING STAFF

The professional certified coaching staff consists of three members. The head coach will be Jeff Handwerk, a level III certified instructor and a State (level II) coach. There will be one or two other assistant coaches based on participant attendance. All scheduling of the coaches is done by Jeff Handwerk

THE MEMBERS

There will be no more than thirty team members. Each team member must be at least six years of age, and have skiing abilities that include linking turns on blue (intermediate) runs, and turn completion in a parallel stance. Members must be able to ride a chair lift without the coach's help. Because of changed Intermountain Division rules, 13 and 14 year old will not be able to race in Youth Ski League races this season. We require all athletes to wear an approved (ANSI, Snell or ISO) ski helmet. Ask Jeff Handwerk about racer discounts for Carrera, POC, and Uvex helmets. Cycling helmets are not recommended.

TRAINING DAYS

There will be on-snow training from late November to late March with five races scheduled. The training days will include drills on skiing fundamentals, moguls, snow blade skiing, all mountain free skiing, mountain awareness, safety, and race training. The team will meet at Last Chance Mining Camp at 9:45 A.M. (We will meet at Moonbeam Center early season and end of season as Last Chance will be closed at those times.) Training will run from 10:00 A.M. until 3:00 P.M. with a break for lunch. If you miss the start of a training day, check at the ski school desk for our general location for that day. We break for lunch at the Last Chance Mining Camp from noon (earlier when busy) until 12:45 P.M.

COMPETITIONS

Many team members will compete in local U.S.S.A. Youth Ski League events. The coaching staff highly recommends participation in these races since they are fun and run on the bottoms of some of the trails used for the Olympics. They are parallel giant slalom format with two runs each race. The list of recommended races is included in the team training schedule. There must be a least four team members registered in order for a coach to attend a race. The participants' parents are responsible for the lift pass and lift expenses for the coach if it is not provided by the mountain hosting the race. ***If you're child is planning to race in a Youth Ski League races, he/she must get a USSA, youth competitor card from US Skiing Association. You must also pay USSA Intermountain Division dues. See [ussa.org/alpine/forms/alpine member form](http://ussa.org/alpine/forms/alpine_member_form).*** Cost is \$60 this year for USSA and \$30 for IMD division dues. Our team affiliation is Solitude Development Team. Race entry fees will be paid to the coach going to the race. Since the entry is paid in advance (typically \$11 per race), money is due the coach once the coach registers the racers.

Register at www.ussa.org, and www.ussa-imd.org

FEES

The fee for the season is \$650 per team member. This fee is due by the end of November. The development team members under 13 years of age will be able to purchase season passes for \$189.

CONTACTS

Jeff Handwerk Home: 801 944-9805, work 801 366-2033
Leif Grevle Ski School: 801 536-5731